

# Sinclair's Guidance 

Mrs. Dolabaille - Grade 9
Ms. Taylor - Grade 10
Ms. Barsky - Grade 11
Mrs. Thomas - Grade 12
Mr. MacDonald: Guidance Head Mrs. Murray: Guidance Secretary

## Planning for Grade 10



## 18COMPULSORY CREDITS

Students must earn the following compulsory credits to obtain the Ontario Secondary School Diploma:

| CREDIS | SUBNET |
| :---: | :--- |
| $\mathbf{4}$ | English (1 credit per grade) |
| $\mathbf{3}$ | Mathematics (1 credit in Grade 11 or 12) |
| $\mathbf{2}$ | Science |
| $\mathbf{1}$ | Canadian History |
| $\mathbf{1}$ | Canadian Geography |
| $\mathbf{1}$ | Arts |
| $\mathbf{1}$ | Health and Physical Education |
| $\mathbf{1}$ | French as a Second Language |
| $\mathbf{0 . 5}$ | Career Studies |
| $\mathbf{0 . 5}$ | Civics |

Group 1
English or French as a second language*
A Native language
A Classical or International Language
Social Sciences and the Humanities
Canadian and World Studies
Guidance and Career Education
Cooperative Education...
First Nations, Métis, and Inuit Studies
American Sign Language as a second language
Group 2
Health and Physical Education
The Arts
1 Business Studies
French as a Second Language*
Cooperative Education**
American Sign Language as a second language

## Group 3

Science (Grade 11 or 12)
Technological Education (Grade 11 or 12)
1 French as a Second Language*
Computer Studies
Cooperative Education…
American Sign Language as a second language

## Students select ONE course from each of the groupings by the end of grade 12

> *a maximum of 2 credits in French can be counted as compulsory credits

## *a maximum of 2 credits in coop can count as compulsory credits

*a maximum of 3 credits in ESL can count toward compulsory English credits



## Community Involvement Form

Community Involvement Activities
Ignite Learning

| Student's Name: | Date of Birth (YY/MM/DD): |
| :--- | :--- |
| School: | Principal: |


| *Activity Description | **Pre-Approved <br> Signature | Organization/Location | Telephone \# | ***Supervisor's <br> Name \& Signature | Date <br> Completed | \# of <br> Hours |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

These activities must be completed outside regular instructional class time. Students may begin to earn hours the summer before they enter Grade 9.
*The placement must not replace someone who would normally be paid to do this type of work.
Total
Hours

## Get a copy from the Guidance Office or print one off of our website

## Requirements for Community Involvement Hours

$\rightarrow 40$ hours are required
$\rightarrow$ Activities must be completed outside regular class time and cannot be part of a credit course
$\rightarrow$ Your placement MUST NOT replace someone who would normally be paid to do this type of work
$\rightarrow$ Your hours must be unpaid
$\rightarrow$ Obtain approval if you are unsure whether your activity qualifies BEFORE starting

## Know Yourself

- Who am I?
-Where am I going?
- What are my opportunities?
- How do I get there?


## Achieving Goals and Making Transitions

Create a plan to achieve your goals and identify potential obstacles. Devise solutions to implement your plan.

Knowing Yourself
Learn about your interests, strengths, values and skills.

Education \& Career
Life Planning

## Exploring

## Opportunities

Investigate a variety of occupations, future trends, school and community

## What is your Pathway to Success?

$\rightarrow$ When you choose courses, it is important that you do some honest self-assessment, matching your ability with your interests and aptitudes
$\rightarrow$ There are many pathways to the destination you dream of.



## Who Am I?

- What are my strengths and accomplishments?
- What factors shape me?


## What Is My Plan For

 Achieving My Goals?- What is my plan?
- What are the resources I need to implement my plan?


## What Are My

 Opportunities?- What opportunities are available to develop my skills at home, school and in the community?

Who Do I Want To Become?

- Reflect on opportunities explored.
- What are my career/life goals?


## CHOOSING MY SUCCESS

The DDSB has created three documents to help students plan their pathways and transition to post-secondary education. These documents are available in the guidance office or on our website.


## Educational Planning

- Students in Ontario have many options for post secondary training
- Research schools, programs, admission requirements, and prerequisites to set goals + plan your pathways
- Choose appropriate courses for your abilities and your destination. Be realistic!
- Consult with liaison personnel from the institutions you are interested in
- Speak with your guidance counsellor
- Work and persevere!


## There is no 'right' pathway... you are planning what is best for YOU



## Types of Courses in Grade 10

## ACADEMC

Academic courses focus on the essential concepts of the discipline plus additional related concepts. Academic courses develop student's knowledge and skills by emphasizing theoretical, abstract applications of the essential concepts while incorporating practical applications, as appropriate.

## APPILED

Applied courses focus on the essential concepts of the discipline. Applied courses develop student's knowledge and skills by emphasizing practical, concrete applications of the essential concepts while incorporating theoretical applications, as appropriate.

## LOCALLY DEVELOPED

Locally developed courses are intended for students who require flexibility and support in order to meet credit requirements. These courses review and reinforce the elementary curriculum expectations to provide the skills necessary for further study at the secondary level.

## OPEN/DESTREMMED

An open level course has one set of expectations for that subject at the grade 9 and 10 levels. Open courses are appropriate for all students and are not linked to any specific post-secondary destination.

## Selecting Grade 10 Courses

$\rightarrow$ Read the course Codes Closely:

ENG1D1 OR ENG2D1

## CHC2P1 OR CHC2D1

PPL203 OR PPL204
$\rightarrow$ If you make a mistake and there is no space to change classes then you may have to stay with it.

## Decoding a Course Code

## Courses use a 6-character course code for Identification.

- The first 5 characters of the course code are set out by the Ministry of Education.
- The sixth character is used by school boards to identify a specific characteristic of the course. For example, French Immersion is identified in the DDSB with an " F ".



## Compulsory Courses for Grade 10

English: ENG2P1 or ENG2D1 or ENG2L1 or ESLBO1
Math: MFM2P1 or MPM2D1 or MAT2L1
Science: SNC2P1 or SNC2D1
History: CHC2P1 or CHC2D1
Civics: CHV2O1 ( 0.5 credits)
Career Studies: GLC2O1 ( 0.5 credits)

## MATHEMATICS PATHWAYS




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aiv rafic fonimator maths mathematical physicist




Sothwo
civi Servies ovape


SCIENCE PATHWAYS



| Optional Courses |  |  |  |
| :---: | :---: | :---: | :---: |
| Course Name | Type | Course Name | Type |
| ADA2O1 - Dramatic Arts | Open | HNL2O1-Clothing | Open |
| AMG2O1 - Guitar Music | Open | ICD2O1 - Digital Tech. and Innovations | Open |
| AMK2O1 - Keyboard Music | Open | PAl2O1 (Inclusive) Individual \& Small Group Activities (Combatives) | Open |
| AMU2O1-Music | Open | PAR2O1 (Inclusive) Rhythm and Movement | Open |
| AMV2O1 - Music Vocal/Choral | Open | PPL2O3 (Male) - Healthy Active Living Education | Open |
| AVI2O1-Visual Arts | Open | PPL2O4 (Female) - Healthy Active Living Education | Open |
| BEP2O1 - Launching and Leading a Business | Open | TAS2O1- Technology and the Skilled Trades | Open |
| FSF2D1 - Core French | Acade mic | TEJ2O1 - Computer Technology | Open |
| HFN2O1 - Food and Nutrition | Open |  |  |

## Grade 10 Electives

## Many courses to choose from!



# myBlueprint myblueprint is web-based career exploration and planning tool that can 

 be used to explore career and education options and develop a career plan.

BY LOGGING INTO THE UNIOUE DURHAM DISTRICT SCHOOL BOARD PAGE AT myBlueprint.ca/ddsb


COURSE SELECTION

## All DDSB

 students can log in using their school accounts.
# Step 1: Login to your (1)DDSB <br> Ignite Learning 

 account
## my Blueprint Login: www.myblueprin.

Welcome Back

## Step 2: Plan Courses for Grade 10

## Home

Dashboard Tasks Classes Goals Portfolios

Complete your IPP Tasks


View All Tasks Show Prizes


High School Progress
Official High School Plan
${ }^{13}$ credits until graduation

Course Selection is now open!
Not Submitted


Complete the requirements of your Individual Pathways Plan (IPP) through myBlueprint

## Step 3: Add courses to your IPP

High School
Course Selection Resources

| Plan Courses |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| - Demo High School 2 |  |  |  |  | View Plans |  |  |
| * Your courses are Not Submitted Not returning next year? |  |  |  |  | Graduation Indicator |  |  |
| (1) <br> Step 1 Add Courses | 2 Step 2 Review Courses | 3 Step 3 ubmit Courses | Review Course Selections |  | $0 / 30$ <br> REQUIREDCREDITS |  |  |
| Grade 9 Next Year | Grade 10 <br> Plan Ahead | Grace 11 <br> Plan Ahead | Grade 12 <br> Plan Ahead | $\dagger$ | $\begin{gathered} 0 \\ \text { Planned } \end{gathered}$ | $\begin{gathered} 0 \\ \text { Earned } \end{gathered}$ | $\begin{gathered} 0 \\ \text { Total } \end{gathered}$ |
| - English | - English | - English | - English |  |  |  |  |
| - Mathematics | - Mathematics | - Mathematics | - Course |  | View Progress |  |  |
| - Science | - Science | - Course | - Course |  | Patwey Eligibitity |  |  |
| - Geography | - History | - Course | - Course |  | Last Updated <br> Oct. 22, 2020, 5:29 p.m. <br> C Refresh Eligibility |  |  |
| - Course | - Career Studies/Civics | - Course | - Course |  |  |  |  |
| - Course | - Course | - Course | - Course |  | Apprentice <br> College <br> University |  | 1 0 0 |



## Search by Subject Area

## Search by Grade or Academic Discipline to filter search results.

## Course Descriptions

Choose a course from the menu to read about it in detail.

## *Pay attention to

 prerequisites and course fees.

## Alternate Courses



## Common Mistakes

Ignite Learning

```
ENG2D1 - English (A.
ENG2D1•1 Credit
```

- Make sure you verify the "stream" of the class selected. Applied - P Academic - D Locally Developed - L
- Add BOTH Civics and Careers CHV2O1 \& GLC2O1 need separate entries
- Do NOT include classes you are planning on Studying at Summer School in your next year plan. These are entered in the Continuing Education Module.

CHV2O1 - Civics and... :
CHV2O1•0.5 Credits
GLC2O1

## Make sure to check your progress \& compulsories



## STEP 4: Click on Review Course Selections to review and submit courses

(1) \begin{tabular}{ll}
Step 1 <br>
Add Courses

$\quad$ 2 

Step 2 <br>
Review Courses

$\quad$

Step 3 <br>
Submit Co
\end{tabular}

Review Course Selections

| Grade 9 <br> Current Year | Grade 10 <br> Next Year | Grade 11 <br> Plan Ahead | Grade 12 <br> Plan Ahead |
| :---: | :---: | :---: | :---: |
| ENL1W1 - English (Destrea.. <br> ENLIW1 - I Credit | ENG2D1 - English (Acade.. <br> ENG2D1. 1 Credit | © English | © English |
| MTH1W1 - Mathematics (... <br> MTH1W1•1 Credit | MPM2D1 - Principles of M... : <br> MPM2D1. 1 Credit | ( Mathematics | © Course |
| SNC1W1 - Science (Destre.. <br> SNC1W1. 1 Credit | SNC2D1 - Science <br> SNC2D1. 1 Credit | © Course | © Course |
| CGC1D1 - Issues in Canad... <br> CGC1D1. 1 Credit | CHC2P1 - Canadian Histo... : <br> CHC2P1. 1 Credit | © Course | © Course |
| FSF1D1 - Core French (Inc... <br> FSF1D1. 1 Credit | CHV2O1 - Civics and Citiz... : CHV2O1.0.5 Credits | © Course | © Course |
| PPL1O1 - Healthy Active L... : <br> PPLIO1 • 1 Credit | GLC2O1 - Career Studies : GLC2O1 • 0.5 Credits | © Course | © Course |
| TIJ1O1 - Exploring Techn... <br> TIJ101. 1 Credit | HFN2O1 - Food and Nutrit.. <br> HFN2O1. 1 Credit | © Course | © Course |
| ADA1O1 - Dramatic Arts $\vdots$ ADA101. 1 Credit | PAR2O1 - Rhythm and Mo... : <br> PAR201. 1 Credit | © Course | © Course |
|  | AMG2O1 - Guitar Music AMG201•1 Credit |  |  |
|  | Alternates |  |  |
|  | AV101- Visual Arts AV101. 1 Credit $\quad \vdots$ |  |  |

## STEP 5: Click Submit Course Selections to submit courses



## STEP 6: Click Send Approval Email

## Submission Details

(! Email your parent/guardian so that they may confirm your selections
(1)
Step 1
Add Courses
2
Step 2
Review Courses
3
Step 3
Submit Courses

## Success

Your course selections have been submitted to your Counsellor for review. Please print the Sign-Off Sheet and return the signed copy to your school.

Note: Speak to your Counsellor to discuss any changes that you wish to make to your Course Selections

## STEP 6: Parent/Guardian can Approve or Reject

THIS IS AN AUTOMATED MESSAGE. PLEASE DO NOT REPLY!myBlueprint
Approve Course Selections

Don't approve of these Course Selections? Reject Request. If you reject this request, please follow up with your school's guidance counsellor about next steps.

## Submission Details

## STEP 6: Enter <br> Parent/Guardian <br> Email (ensure <br> correct spelling)



## SUMMER SCHOOL

## CREDIT RECOVERY/ REMEDIAL

Two 2 week blocks (maximum of two courses)

- eLearning Credit Recovery: July 2-12 anduly $15-25$
 July 2-12
-Mostly core academic areas

Summer School
Summer School
Course Information
N:\%

## SUMMER SCHOOL

## NEW CREDITS/ E-LEARNING

-First term July 2-25: In-Person at Sinclair (only grade 10-12 courses) or eLearning (grade 9-12 courses)

- Second term July 29-August 20
-Grade 11/12 courses and civics/careers
New courses in Science, Math, English, Business, Social Sciences, Family Studies, Health and Canadian \& World Studies


## SUMMER SCHOOL REGISTRATION

- Register for your summer school course on myBlueprint by using the Continuing Education tab in the myBlueprint menu.
- Make an appointment with Mrs. Dolabaille:
- Quick Summer School Approval
- Educational/Planning Session
*You may be unable to submit your courses in myBlueprint until you have been approved in guidance).
* Note: You are NOT registered for summer school unless you complete all of these steps!


## Plan now with your future high school in mind...



## Types of Courses in Grade 11 \& 12

## College Courses ' C '

$\rightarrow$ Designed to include the knowledge and skills to prepare students for college programs

## University Courses ' $\mathbf{U}$ '

$\rightarrow$ Designed to prepare students for entrance to university programs
University/College Courses ' $M$ '
$\rightarrow$ Designed to prepare students for both college and university programs
Workplace ' $E$ '
$\rightarrow$ Designed to prepare students for the world of work
Open ' 0 '
$\rightarrow$ Expectations for the subject are appropriate for all students


## SHSM (Specialist High Skills Major)

Students can specialize in the following areas at Sinclair in grades 11 and 12:

* Business
* Environment
* Health \& Wellness
* Sports
* Transportation

Specialist High Skills Majors let students focus on a career path that matches their skills and interests while meeting the requirements of the diploma.

- Students complete a specific bundle of 8-10 courses in the selected field
- They earn valuable industry certifications including First Aid and CPR qualifications
- They gain important skills on the job through cooperative education placements.


## What is Cooperative Education?

## Want to test drive a career? Take coop!

Cooperative Education allows students to gain secondary school credits while completing a work placement in the community. This program helps students prepare for apprenticeships, college, university or the workplace.

## Benefits of

## Cooperative Education

## Cooperative education gives you an

 opportunity to:- Try out a career before finalizing plans for post-secondary education, training or employment
- Gain valuable work experience and build your resume
- See the relevance of classroom learning in the workplace
- Develop the skills and work habits required in the workplace.


# Certificates 

Students can earn the following certificates by
 completing 6 courses in the following areas:
$\rightarrow$ Business
$\rightarrow$ Technological Education
$\rightarrow$ Arts
 students need to take Grade 9-12 French

## COURSE FAIR \& DEADLINES

## Sinclair's Course Fair will be Thursday, February 15

- Use the Course Fair as an opportunity to learn about elective courses you'd like to take next year
- Ask teachers questions about course content, fees, excursions, expectations and more!
- Course Submission and Parent/Guardian Approval is due March 6th, 2024 @ 4pm All submissions up to this time are equally considered.


Grade-Specific Guidance Presentations Monday, February 5th, 2024

Sinclair's Course Fair
Thursday, February 15th, 2024
Course Planner in myBlueprint opens \& Summer School Applications open Tuesday, February 13th, 2024 @10AM

Course Selection Closes \& Special Applications Due
Wednesday, March 6th, 2024 @ 4PM


## Keep Up-To-Date!

Visit https://sinclairss.ddsb.ca/ $\rightarrow$ Student Services/Guidance Page

Includes Information about
$\rightarrow$ Important Dates
$\rightarrow$ Choosing My Success documents
$\rightarrow$ Community Involvement
$\rightarrow$ myBlueprint Instructions
$\rightarrow$ Helpful Resources

## Grade 9 Guidance Google Classroom

## kvy42yy



## Thanks! <br> Do you have any questions?

Make an appointment!

